GRAC Masters Swimming

Thank you for your interest in our Masters Swimming program! This program is designed for adult participants only (over 18 years of age), who are interested in lap swimming. Participants will be provided limited swim lanes at the Clinton High School pool 4 nights per week, Monday-Thursday, from 6:15pm-7:15pm.

Monthly club dues are \$40 per month. In addition, swimmers will need to join U.S. Masters Swimming (USMS) for insurance purposes. The fee is \$70 for the remainder of 2023 or \$115 for coverage through December 2024.

Due to Safe Sport requirements, Masters swimmers will not be able to use the locker rooms, but they may use the restroom immediately outside the pool area.

Please follow the instructions below to register.

If you have any questions, feel free to contact Dana Albaghdadi at vitullo44@yahoo.com.



Registration Instructions for Masters Swimming

You will need to set up two online accounts, one for the club in Sports Engine/TeamUnify, and the other for U.S. Masters Swimming (USMS). Sports Engine/TeamUnify (the club account) is where you will find pertinent information about our club policies, pay fees, view the club calendar, etc. USMS is the regulatory body that governs Masters swimming and insures its swimmers. All Masters swimmers must register with USMS and pay the fee. Follow the steps below to get started.

Step 1:

- Go to <u>www.teamgrac.com</u>.
- Click on the REGISTRATION button at the top left side and follow the instructions under "Fall Registration 2023." Click on ADD TO CART and then CHECK OUT NOW. You will be prompted to create a Sports Engine account; if you already have one for another sport, use the same ID and password. Proceed to complete the biographical information and click NEXT.
- You should now see yourself added to the "Fall 2023" group. Click NEXT again.
- Proceed to agree to all the waivers. (We realize that most do not apply to you, but there is no way to bypass them.)
- You will now be asked to CHECKOUT. There will be a \$0 amount for registration, but you will be billed monthly on the 1st of each month.

Step 2:

Use the following link to join USMS:
Join or Renew | U.S. Masters Swimming (usms.org)

Once you've joined, you should receive a membership card. Please bring a copy to the pool with you.

Step 3:

- Return to <u>www.teamgrac.com</u>
- Click the LOGIN button at the top right. Use the user ID and password that you created in Step 1. You are now in your club account.
- On the left tool bar, click on "My Account"
- Click on "Set Up Autopay" proceed to add a credit card or bank account. GRAC will invoice you monthly.